

The Thing About Home

Digital Gift

Created for you
by
Rhonda McKnight

Dear Reader,
Thank you for your purchase of *The Thing About Home*. The book delves into themes such as faith, identity, and self-care, and in light of this, I have provided downloadable materials that reflect these aspects of the story.



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Contents

Coloring Page (1) - Selfcare, Faith, Identity

Coloring Page (2) - Selfcare, Faith, Identity

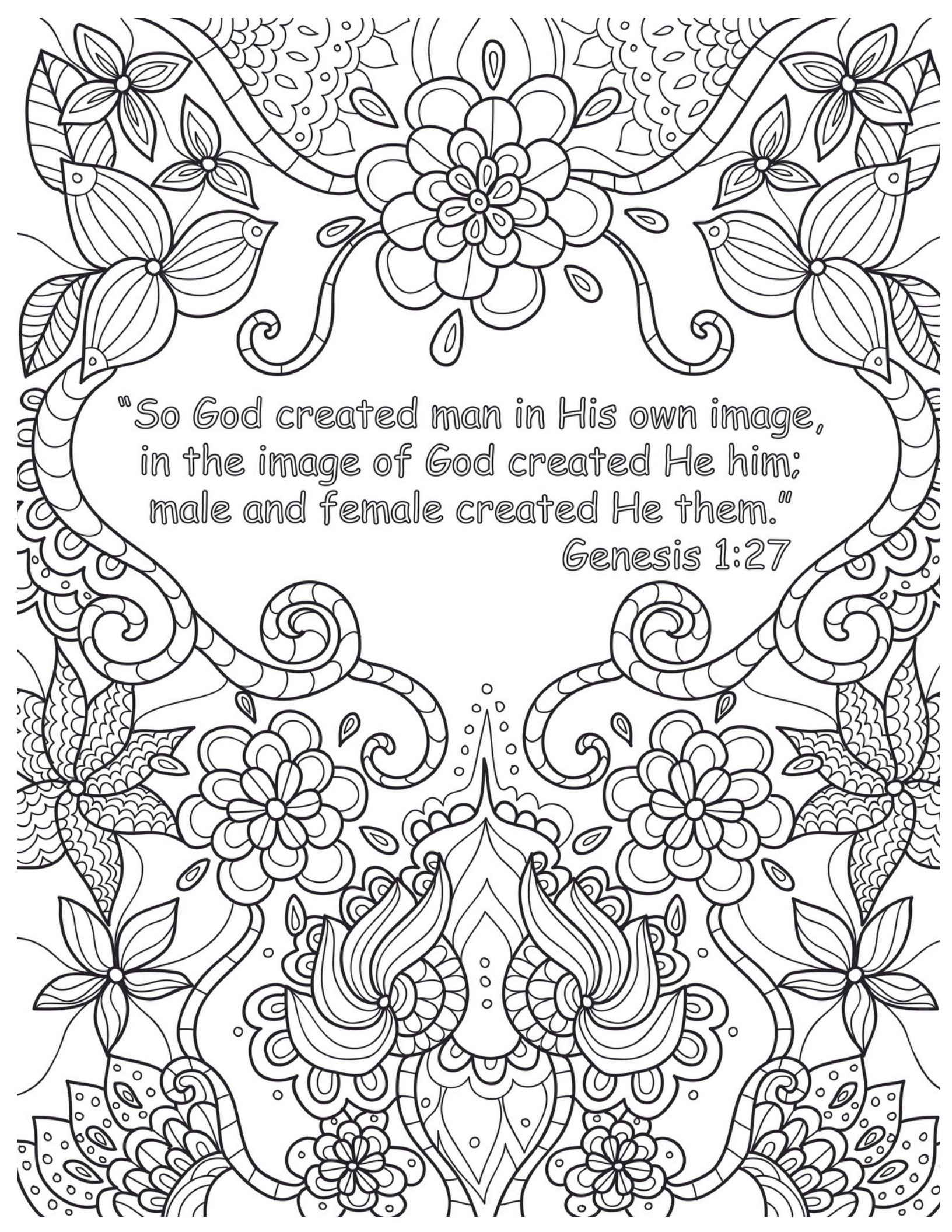
Journal Pages - Selfcare, Faith *

Word Search (Relaxation) - Selfcare

Recipe (Comfort food) - Self Care

Bonus - Printable Art Graphic

**Make copies of weekly journal pages.*



"So God created man in His own image,
in the image of God created He him;
male and female created He them."

Genesis 1:27



"Be not conformed to this world:
but be ye transformed by the renewing of your mind,
that ye may prove what is that good,
and acceptable, and perfect, will of God."
Romans 12:2



Weekly Reflection Journaling.



ONE GOOD THING I WANT TO REMEMBER ABOUT THIS WEEK

THIS WEEK I FELT...

THIS WEEK I AM GREATFUL FOR

GRATITUDE IS HEALING

DATE _____

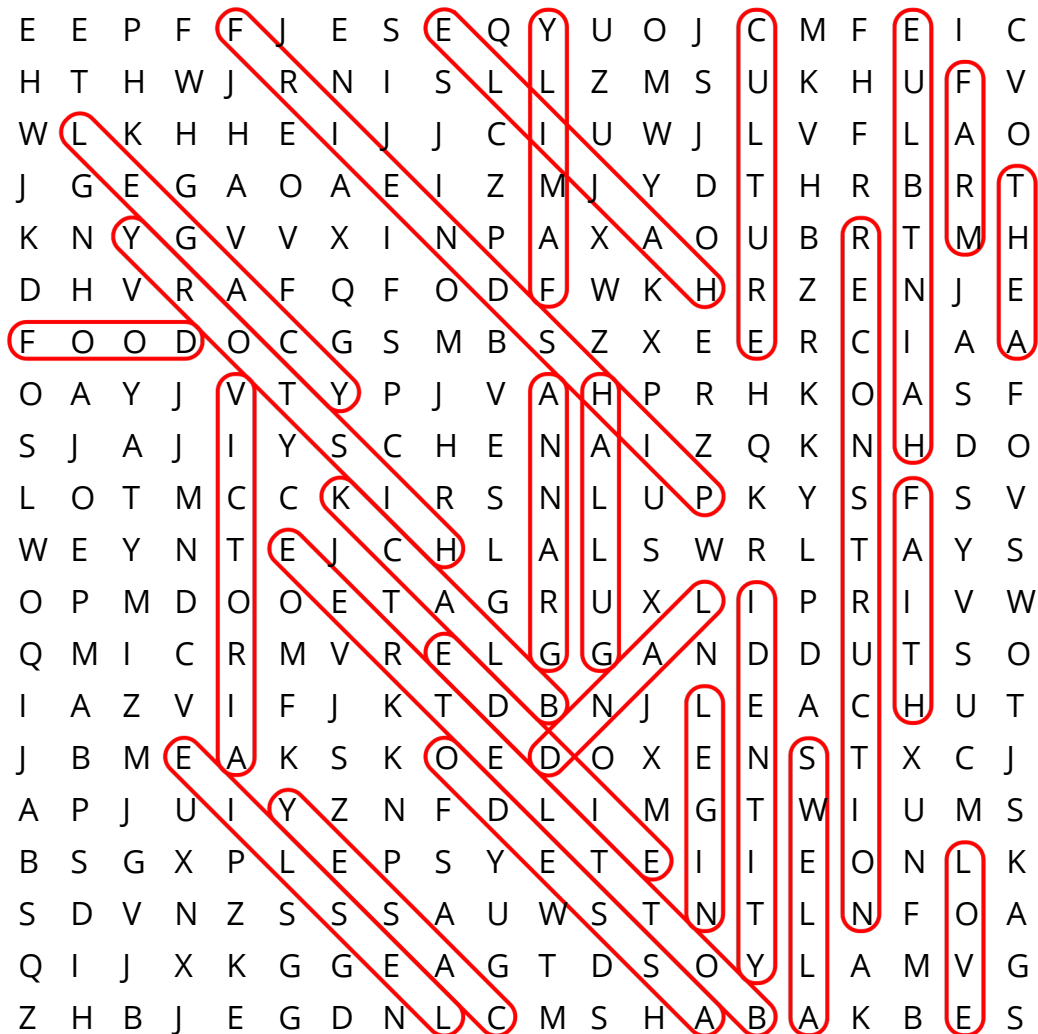
The Thing About Home

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WORD LIST:

BLACK	FAMILY	HISTORY	ODESSA
BOTTLE TREE	FARM	IDENTITY	RECONSTRUCTION
CASEY	FOOD	LAND	SWELLA
CULTURE	FRIENDSHIP	LEGACY	THEA
EDDIE	GRANNA	LESLIE	VICTORIA
ELIJAH	GULLAH	LOVE	
FAITH	HAINT BLUE	NIGEL	

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WORD LIST:

BLACK
BOTTLE TREE
CASEY
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ELIJAH
FAITH

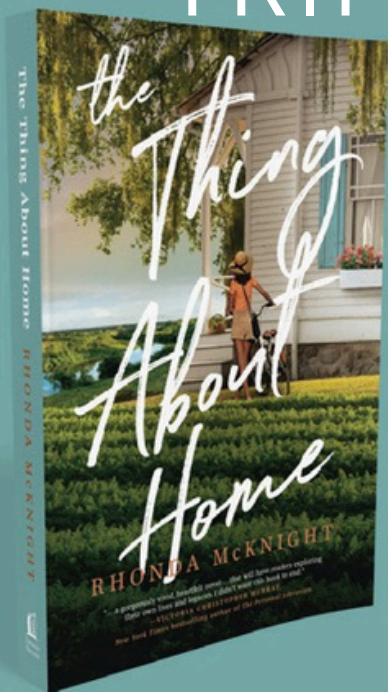
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HAINT BLUE

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NIGEL

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SWELLA
THEA
VICTORIA



Ma Black's Easy TRIPLE BERRY COBBLER



You don't have to be a baker to make this recipe. I am certain Ma Black had a more complex recipe in one of her recipe books, but Casey would have needed something simple. This is a recipe anyone can make and trust me it's delicious. Add some creamy vanilla ice cream and enjoy this treat.

INGREDIENTS

FRUIT FILLING

3- 3 ½ cups frozen triple berries
(defrosted for an hour)
2 tsp lemon juice (fresh)
½ cup white sugar
Dash of ground cayenne pepper

CRUST

1½ cups of self-rising
flour 1 cup of white sugar
1½ cups evaporated milk
1 tsp vanilla extract
½ tsp almond extract
1 stick of butter

Preheat Oven to 350 degrees

FRUIT FILLING

- Put berries and the juice from the bag in a bowl.
- Add lemon juice, stir gently.
- Sprinkle a dash of cayenne pepper over it like fairy dust. Stir gently.
- Add sugar and stir again.
- *Set aside the fruit.*
- Take a 9 x 12 glass baking dish
 - Place the stick of butter in the center and put the dish in the oven to melt the butter.

CRUST

- Combine flour and sugar. Stir together.
- Add half of the milk and stir. Add the rest of the milk and whisk.
- Add vanilla and almond extract.
- Whisk again.
- Pour the batter into the buttered pan.
- Pour the berry filling down the center and any syrup.
Do not stir.
- Bake uncovered for 45-50 minutes or until the crust is light brown.
- Remove from the oven and cool.

Home

is not a place, it's a
feeling.

